## **3-Circle Venn Diagram Answer Key**

## Possible responses:

## Islamic

- Halal: no pork, specific standards for food preparation
- Ramadan: month-long celebration during which meals are eaten before and after sunset
- Fast is broken at iftar; Eid al-Fitr marks the end of Ramadan
- Common Eid al-Fitr foods: lamb, vegetable dishes, rice dishes, kebabs, dates, fruit, nuts
  - Fasting/refraining from certain foods
  - Lamb at Eid al-Fitr and Easter

- Set of food laws (halal, kosher)
- Halal and kosher are very similar (ex. no pork, food preparation standards)
- Lamb, fruit, nuts
- Use of food to celebrate a belief
- Feasts to mark celebrations
- Value assigned to food beyond a nutritional value
- Lamb

 Kosher: no pork, meat and dairy cannot be eaten at the same meal, kosher food cannot be combined with non-

for food preparation

Passover lasts for seven days

kosher food, specific standards

**Jewish** 

- Common Passover foods:
  matzo, a roasted egg,
  shankbone, haroset, lamb, honey,
  nuts, fruit, bitter herbs
- Lamb at Passover and Easter
- Bread holds a special significance (Communion, Passover)
- Communion: bread and wine
- Some denominations do not eat meat on Fridays during Lent
- Common Easter foods: ham (United States), Easter eggs, lamb, breads, hot cross buns, meat, sausages

Christian



